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Laser Hair Associates of Rockland

Story and photos: Helena Hewlett

Cool, autumn weather has finally crept into the Hudson Valley, and we've packed our bathing suits and tank tops away. But winter vacations to exotic islands, romantic weekend getaways, and even self esteem issues, will still bring us back to the time-consuming, painful, not-to-mention expensive hair removal remedies of waxing, shaving, tweezing, electrolysis and more.

A more effective solution for removing your unwanted hair is laser hair removal! In order to prepare for next summer's swimsuit season, we can start attending laser hair removal sessions; now is the best time to start. Most clients will need 6 – 8 treatments spaced 4 – 12 weeks apart, so if you start now, you will have smoother, softer and hairless skin by summer!

Laser Hair Associates of Rockland, which opened in July 2006, is a laser center that specializes exclusively in laser hair removal. Co-owners Christine Liscio, Kristine Santoro, and Lori Giachetti are all certified laser technicians who perform the laser hair removal treatments.

Technology in this particular field is always advancing, and the ladies at Laser Hair Associates make sure to keep up with state-of-the-art equipment for their procedures. The facility utilizes the premier laser for hair removal, "Candela's GentleLASE laser.

The GentleLASE is an FDA approved Alexandrite laser, and is an advanced system designed to be faster, less painful, and more efficient than previous lasers. Laser hair removal is in fact the fastest, most effective way to remove pigmented, unwanted hair on both men and women.

This dedicated team is friendly and has made it their goal to create a warm and comfortable environment for their clients. They perform safe, effective treatments with long-lasting results. Chris, Kristine, and Lori are committed to "safely, affordably and permanently removing your unwanted hair."

Laser Hair Associates does laser hair removal for the numerous areas of the body on both men and women, and has even created specific package deals with special prices in order to best meet your needs.

Areas include lip, ears, cheeks, sideburns, bikini, full face, full beard, hands, full arm, half leg, sacrum, abs, shoulders, full back, chin, eyebrows, forehead, underarms, neck and jaw, back of neck, feet and toes, half arm, full arm, full leg, chest, flanks, and abs. Visit their website at www.laserhairassociates.com to find packaging and pricing lists.

It's important to remember that Laser Hair Associates successfully treats people who have pigmented, unwanted hair. A patient's hair must be pigmented, which means that it must have color to it. It is the pigment of the hair that absorbs the laser light into the follicle, where it then converts to heat and thermally destroys the hair follicle.

Unfortunately the procedure does not work on light or gray hair because there is no pigment in that hair in which to absorb the laser light. So, don't delay...come in for laser hair removal now because once the hair turns gray it can no longer be effectively and permanently removed!

The GentleLASE laser may be used on clients who have Skin Types I – IV. It cannot be used on very dark or tanned skin. If you are someone who tends to get a nice savage tan in the summer, then you will want to have your laser hair removal treatments done during the fall and winter, before the tanning season begins. In the future, Laser Hair Associates intends to purchase the Nd: Yag laser, which works best with very dark and/or tanned skin. This laser is most successful in treating people with skin types V and VI.

Chris, Kristine, and Lori all received the same training at the same time. They attended Laser Centers of Connecticut in Milford, CT during March of 2006. The ladies performed 40 hours of hands-on clinical training at their Laser Hair Removal Training Center and are now certified in the following areas: anatomy and physiology of skin and hair, skin typing, laser biophysics and tissue interactions, safety and equipment, specific lasers and use in laser hair removal, and regulatory requirements.

Visit Laser Hair Associates today, to start the process of getting rid of unwanted, unsightly hair! The store is located at 34-36 East Central Avenue in Pearl River. Reach the store at 845-920-8490 or visit www.laserhairassociates.com for more information. Business hours are 10 a.m. to 6 p.m. Tuesday through Saturday, and evening appointments by appointment only. The store is closed Sunday and Monday.